

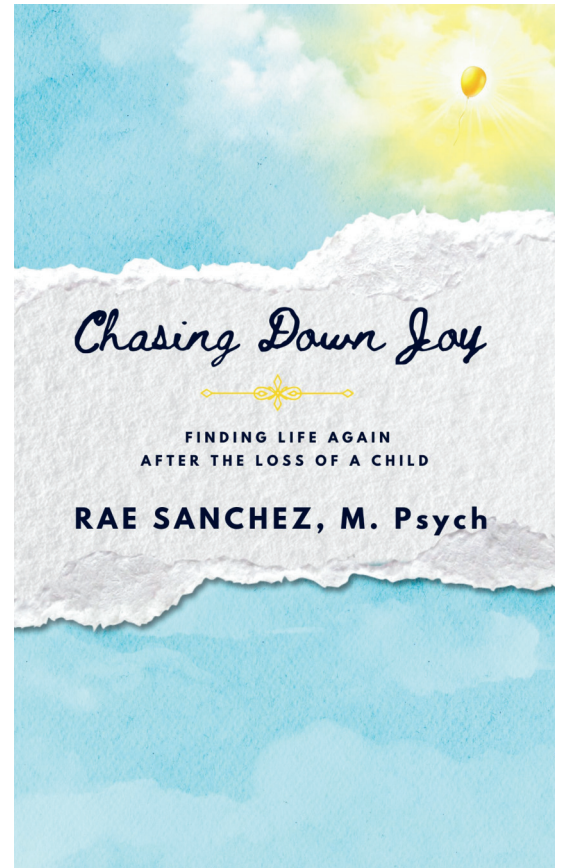
Joy isn't luck...
it's a decision.



THE DEATH OF A CHILD is an unparalleled loss, shattering the heart and forever altering the path ahead. It is a weight too heavy to carry alone, yet too invisible for most to truly understand. In ***Chasing Down Joy***, Rae Sanchez opens her heart with honesty and courage. She shares the raw ache of walking through the loss of her son, the loneliness of grief in a culture uncomfortable with mourning, and the fragile steps toward finding joy again when it feels lost forever.

A companion for mothers who have experienced this sorrow firsthand, ***Chasing Down Joy*** is a call to reshape how we, as individuals and communities, acknowledge and carry grief together. Tender and unflinching, this memoir is both a story of survival and a plea for compassion. For anyone who has lost a child (or loves someone who has), ***Chasing Down Joy*** is a reminder that even in the darkest valleys, the pursuit of joy is still possible.

Rae Sanchez has been a respected leader in poverty reduction, volunteer mobilization, and community advocacy. She has held key roles in the homelessness sector, including serving as **Director of the HUD Continuum of Care at the Community Housing Partnership**, as an adjunct professor at a **Historically Black University**, and as President of her local **Rotary Club**. Having lost her first husband at age 30 and her eldest son in 2023, she carries an unwavering belief in hope, healing, and the power of community.



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